

Artificial Perfection: Talking with Teens about Performance-Enhancing Substances

CLINICAL TRAINING SIMULATION

An interactive role-play simulation that prepares pediatric professionals to talk effectively with young patients about appearance and performance-enhancing substances, as well as screen and conduct brief interventions using motivational interviewing techniques.

TOPICS

Supplements, stimulants, and steroids

USERS

Child health professionals, sports medicine professionals

SETTINGS

Pediatric offices, sports medicine clinics, schools of health

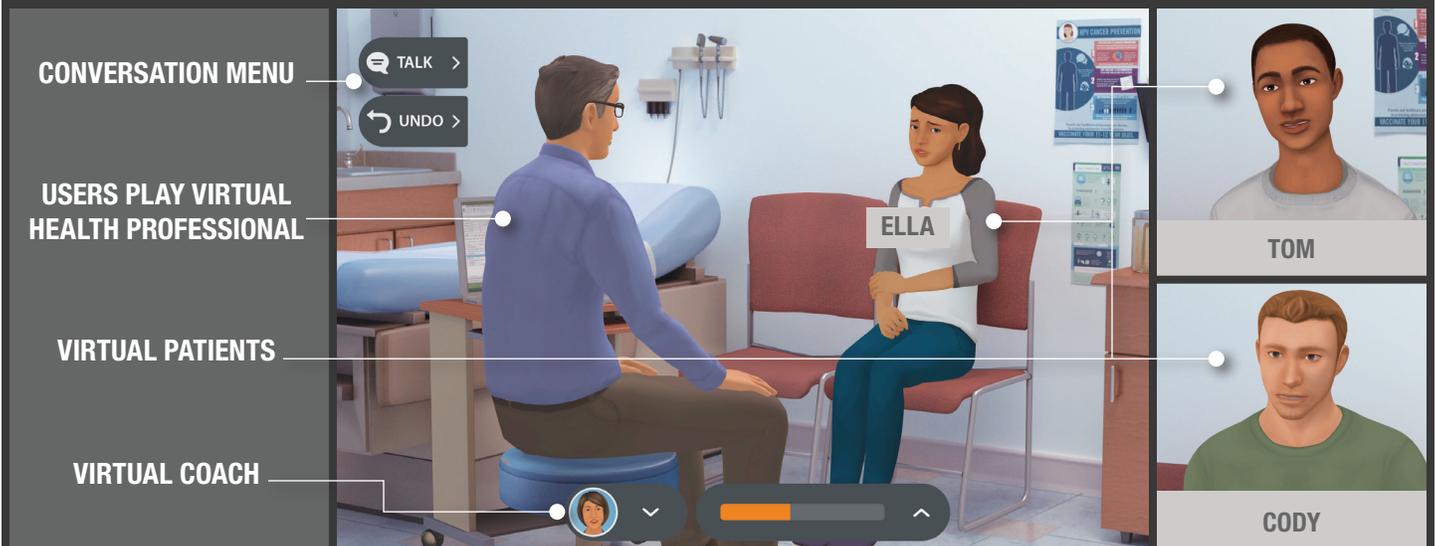
DURATION

45 minutes

Developed in collaboration with the American Academy of Pediatrics, this online solution cost-effectively addresses appearance and performance-enhancing substances and improves patient-physician communication and patient safety.

BUILD REAL-LIFE SKILLS IN A VIRTUAL CLINIC

Assume the role of a pediatrician and talk with three virtual adolescent patients about appearance and performance-enhancing substances. Try different approaches to see what works best.



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Harnessing the power of conversation to improve communication about appearance and performance-enhancing substances.

Most adolescents see a pediatrician at least once each year and consider their physician an authoritative source of knowledge about alcohol and drugs. Out of every 100 adolescents, more than 10% have misused stimulants for cognitive enhancement, and about 6% of the general high school population have used illegal steroids for appearance or strength enhancement.

LEARNING OBJECTIVES

- Learn about appearance and performance-enhancing substances including supplements, stimulants, and steroids
- Learn to use motivational interviewing to screen and talk with teens about appearance and performance-enhancing use
- Learn to engage in collaborative treatment planning with patients to build motivation to quit

FEATURES

- Fully-hosted solution deployed to users in less than one week
- Technical assistance and outreach templates to drive adoption
- Usage reports and customizable online surveys to support program evaluation

RESEARCH PROVEN

The American Academy of Pediatrics conducted a two-year study with funding from the FDA.

HOW TO BUY

For licensing options, please contact Kognito at info@kognito.com.