

SBI with Adolescents

CLINICAL TRAINING SIMULATION

An interactive role-play simulation where health professionals build and assess their skills in conducting substance use Screening & Brief Intervention (SBI) with adolescent patients and providing referrals to treatment when appropriate.



TOPICS

Substance use
Screening & Brief
Intervention



USERS

Nurses, physicians,
social workers,
and students



SETTINGS

Healthcare,
schools of health
professions



DURATION

60
minutes

Developed in collaboration with NORC at the University of Chicago and adopted by more than 40 schools of health professions and state agencies, this online solution helps improve patient-provider communication and supports the integration of substance use SBI in primary care settings.

BUILD REAL-LIFE SKILLS IN A VIRTUAL CLINIC

Assume the role of a health professional and talk with three virtual adolescent patients about their substance use. Try different approaches to see what works best.



The screenshot shows a virtual clinic environment. On the left, a 'CONVERSATION MENU' contains 'TALK' and 'UNDO' buttons. The central area shows a virtual health professional in teal scrubs sitting on a stool, facing a virtual patient named 'JOSH' who is sitting on a hospital bed. On the right, there are two portrait windows for other virtual patients: 'KAYLA' and 'EMILY'. At the bottom, there is a user selection dropdown and a progress bar.

Learn more at kognito.com

Harnessing the power of conversation to improve the quality of substance use Screening and Brief Intervention.

Binge drinking and substance abuse affect up to a quarter of adolescents and young adults in the U.S. Research has shown that early identification and intervention in youth substance use helps improve health outcomes and can save up to \$4.00 in healthcare costs for every dollar spent.

LEARNING OBJECTIVES

- Screen patients using evidence-based tools
- Conduct brief interventions using motivational interviewing techniques
- Make collaborative action plans with patients
- Coordinate referrals to treatment or follow-up care

FEATURES

- Fully-hosted solution deployed to users in less than one week
- Technical assistance and outreach templates to drive adoption
- Usage reports and customizable online surveys to support program evaluation
- Learners guide and curriculum materials for seamless implementation

RESEARCH PROVEN

This simulation is currently being evaluated by NORC at the University of Chicago with thousands of students and faculty from more than 30 schools of health professions. The study is funded by the Conrad N. Hilton Foundation. To learn more, please visit kognito.com/research.

HOW TO BUY

Organizations can purchase yearly subscriptions to the simulation that include hosting, technical assistance, program evaluation, and usage reports. For details, contact sales@kognito.com or **212.675.9234**. To purchase 1–50 individual licenses, please visit store.kognito.com.