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## **Kognito Announces Two New Screening and Brief Intervention Simulations For Health Professionals**

Virtual Patient Simulations Help Nurses and Social Workers Address  
Substance Abuse with Real Patients

**NEW YORK, NY JANUARY 26, 2016**

[Kognito](#), a creator of digital experiences that prepare people for the conversations that matter most, announced today the availability of two new conversation simulations for healthcare professionals to address substance use with patients. The simulations help nurses, physicians, social workers and a wide range of health professionals learn, practice and self-assess their skills in conducting substance use screening, brief interventions, and referrals to treatment.

The two new virtual patient simulations are:

[SBI with Adolescents](#) – a conversation simulation designed to prepare health professionals to screen adolescent patients for substance use, conduct brief interventions using evidence-based principles of motivational interviewing and, when necessary, refer patients to further support. This simulation helps practitioners learn basic facts about adolescent substance use, as well as practice techniques to screen patients and conduct brief interventions to drive positive change in health behaviors. The simulation is a result of a partnership with NORC at the University of Chicago, the Council on Social Work Education ([CSWE](#)), the Center for Clinical Social Work ([CCSW](#)), the American Association of Colleges of Nursing ([AACN](#)), and a consortium of over 60 schools of nursing and social work in 2015. Funded by the Conrad N. Hilton Foundation, the partnership supports the integration of adolescent substance use assessment and early intervention into required coursework in undergraduate and graduate curricula for health professions.

[SBI Skills Assessment](#) – a simulation that enables health professionals to practice conversation and assess their skills in conducting substance use screening and brief intervention. In conversations with two virtual patients, health professionals can practice and assess their competency in conducting substance use screening and applying motivational interviewing techniques to engage in a patient-centered conversation to assess, prevent, or reduce substance use.

These latest simulations expand Kognito's portfolio of substance use screening and SBI-related simulation products, which include [At-Risk in Primary Care](#) and [At-Risk in the ED](#). Designed to help practitioners learn and practice screening patients and conducting brief interventions for mental health disorders and substance use, At-Risk in Primary Care and At-Risk in the ED have been licensed

by hospitals, professional schools, and government agencies in Arizona, Wyoming, Maryland, New York, Oklahoma, and South Dakota.

If you would like to experience these simulations, Kognito will be hosting a free live demonstration on January 26th and, again, on January 28th. For more information, please visit <http://go.kognito.com/KognitoSBI>

### **About Kognito**

Kognito is an NYC-based simulation company. We create digital experiences that prepare people for the conversations that matter most. Our scientists, artists, and technologists use the latest principles behind neuroscience, social cognition, and game mechanics to create simulated conversations with virtual humans where people practice and self-assess their ability to manage conversations that can lead to positive changes in social, emotional, and physical health. Kognito's growing portfolio of simulations have been licensed by over 500 leading health, education, non-profit, and government institutions. The company's science-driven and research-proven approach contributed to Kognito being the only company with health simulations listed in the National Registry of Evidence-Based Programs and Practices (NREPP). Learn more at <https://www.kognito.com/>.