

# At-Risk for High School Educators

**At-Risk for High School Educators** is an interactive role-play simulation for high school educators that builds awareness, knowledge, and skills about mental health and suicide prevention, and prepares users to lead real-life conversations with students that build resilience, strengthen relationships, and connect them with support.

## Learning Objectives

- ✓ Increase knowledge and awareness about teen mental health and suicide
- ✓ Identify warning signs of psychological distress and self-harm
- ✓ Build skills in leading conversations with students in distress, discuss concerns, build resilience, and increase connectedness
- ✓ Assess the need for referral, motivate a student to seek help, and make a warm hand-off to support
- ✓ Understand your school's specific support services and availability



Learners interact with Virtual Humans through interactive conversations



**Market**  
PK-12 and  
Government/Non-Profit



**Audience**  
Educator



**Topic**  
Mental Health & Well-being  
and Suicide Prevention

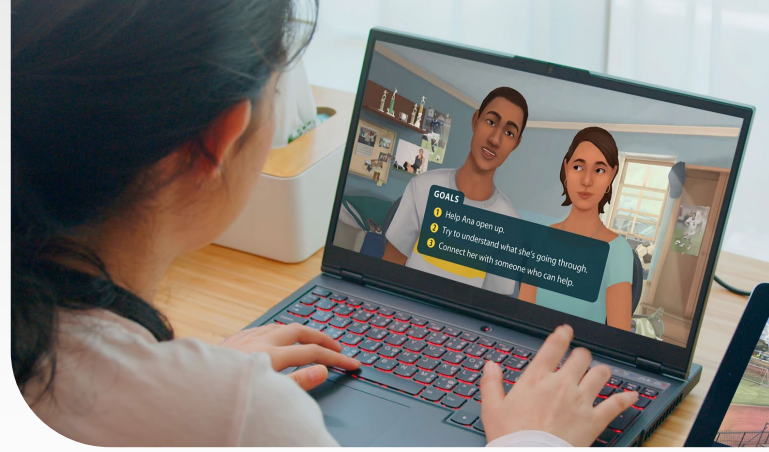


**Duration**  
60 Minutes



## Overview

Educators are in an ideal position to engage in early intervention and prevention of mental health issues. According to the Centers for Disease Control and Prevention, 13–20% of children living in the U.S. experience a mental disorder in a given year, and suicide is the second-leading cause of death among children ages 15–24.



Adopted by more than 8,000 schools and districts nationally, this evidence-based online, CE-certified solution quickly and cost-effectively drives sustainable changes in educator behavior that support student wellness, academic performance, attendance, and school safety. Users have access to customized national, local, and school-specific resources in addition to simulation content.

## Features

- ✓ Fully-hosted solution deployed to users in less than one week
- ✓ Technical assistance and outreach templates to drive adoption
- ✓ Usage reports and customizable online surveys to support program evaluation
- ✓ Customizable list of local and national mental health resources
- ✓ Discussion guides to support blended delivery with in-person workshops

*“The scenarios were realistic and very similar to conversations that I have had with students. I appreciated the comments of the virtual coach.”*

**– High School Teacher, provided by Minnesota Dept. of Health**



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Contact us at [info@kognito.com](mailto:info@kognito.com) or 212-675-9234