

# At-Risk for Middle School Educators

**At-Risk for Middle School Educators** is an interactive role-play simulation for middle school educators that builds awareness, knowledge, and skills about mental health and suicide prevention, and prepares users to lead real-life conversations with students that build resilience, strengthen relationships, and connect them with support.

## Learning Objectives

- ✓ Increase knowledge and awareness about pre-adolescent mental health and suicide
- ✓ Identify warning signs of psychological distress
- ✓ Increase knowledge and awareness about bullying and cyberbullying
- ✓ Build skills in leading conversations with students in distress, discuss concerns, build resilience, and increase connectedness
- ✓ Assess the need for referral, motivate a student to seek help, and make a warm hand-off to support
- ✓ Understand your school's specific support services and availability



Learners interact with Virtual Humans through interactive conversations



### Market

PK-12 and Government/Non-Profit



### Audience

Educator



### Topic

Suicide Prevention and Violence/Bullying Prevention



### Duration

55 Minutes



## Overview

Educators are in an ideal position to engage in early intervention and prevention of mental health issues. According to the Centers for Disease Control, 13–20% of children living in the U.S. experience a mental disorder in a given year, and suicide is the second-leading cause of death among children ages 10–14.



Adopted by more than 6,000 schools and districts nationally, this research-proven online, CE-certified solution cost-effectively drives sustainable changes in behaviors that support student wellness, academic performance, attendance, and school safety. Users can have access to customized national, local, and school-specific resources in addition to simulation content.

## Features

- ✓ Fully-hosted solution deployed to users in less than one week
- ✓ Technical assistance and outreach templates to drive adoption
- ✓ Usage reports and customizable online surveys to support program evaluation
- ✓ Customizable list of local and national mental health resources
- ✓ Discussion guides to support blended delivery with in-person workshops

*“The interactive, visually engaging graphics of the training was something I have never seen anywhere else. Feedback after the choices made during the student conversations was helpful and reaffirming.”*

**– Teacher, provided by Minnesota Dept. of Health**



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