

# At-Risk in Primary Care

## CLINICAL TRAINING SIMULATION

An interactive role-play simulation that prepares primary care professionals to screen patients for substance use and mental health conditions, conduct brief interventions using motivational interviewing techniques, and coordinate referrals or follow-up care.



**TOPICS**

Integrating behavioral health in primary care



**USERS**

Nurses, physicians, social workers, and students



**SETTINGS**

Healthcare, schools of health professions



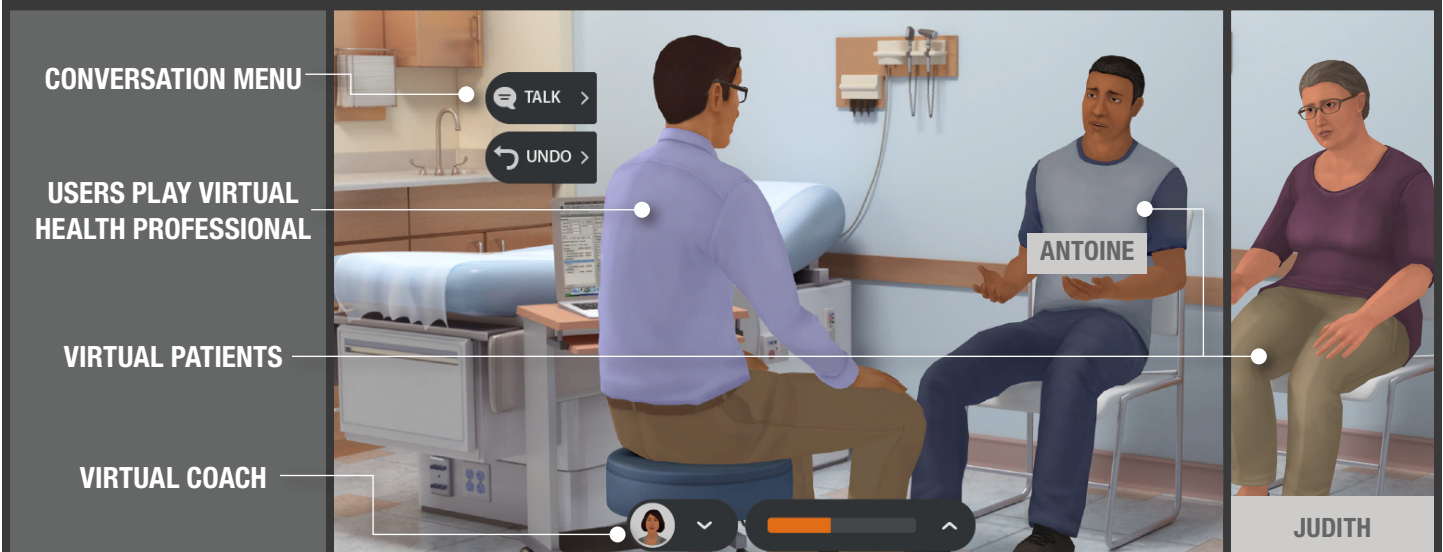
**DURATION**

**60**  
minutes

Adopted by more than 30 organizations, state agencies, and schools of health professions, this research-proven online and CE-certified solution helps improve the capacity of health professionals to address substance use, mental health, and suicidal ideation as part of routine care.

## BUILD REAL-LIFE SKILLS IN A VIRTUAL CLINIC

Assume the role of a health professional and talk with two virtual patients about their substance use and mental health disorders. Try different approaches to see what works best.



CONVERSATION MENU

USERS PLAY VIRTUAL HEALTH PROFESSIONAL

VIRTUAL PATIENTS

VIRTUAL COACH

TALK >

UNDO >

ANTOINE

JUDITH

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# Harnessing the power of conversation to improve the quality of substance use and mental health Screening and Brief Intervention.

More than 57 million American adults suffer from a diagnosable mental disorder each year, yet 62% go untreated. Primary care providers act as the first point-of-care for nearly half of the U.S. patient population and are uniquely positioned to identify patients with mental health or substance use disorders by integrating behavioral health into routine care.

## LEARNING OBJECTIVES

- Screen patients for depression and substance use using evidence-based tools
- Recognize risk factors and warning signs of substance use, depression, and suicidal ideation
- Conduct brief interventions using motivational interviewing techniques
- Engage in collaborative treatment planning with patients
- Coordinate referrals to treatment or follow-up care

## FEATURES

- Fully-hosted solution deployed to users in less than one week
- Technical assistance and outreach templates to drive adoption
- Usage reports and customizable online surveys to support program evaluation
- Access to validated screening tools and a customizable list of local and referral resources
- Certified for 1.50 CME AMA PRA Category 1 Credits™, and 1.50 ANCC CNE contact hours

## RESEARCH PROVEN

The simulation has been accepted for review by SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP). A study with 425 health professionals shows that it results in statistically significant increases in skills to identify risk factors, screen patients, discuss treatment options, engage in collaborative decision-making, and build intrinsic motivation in patients to adhere to a treatment plan. To learn more, please visit [kognito.com/research](https://kognito.com/research).

## HOW TO BUY

Organizations can purchase yearly subscriptions to the simulation that include hosting, technical assistance, program evaluation, and usage reports. For details, contact [sales@kognito.com](mailto:sales@kognito.com) or **212.675.9234**. To purchase 1–50 individual licenses, please visit [store.kognito.com](https://store.kognito.com).