

# At-Risk in Primary Care: Adolescents

## CLINICAL TRAINING SIMULATION

An interactive role-play simulation that prepares primary care practitioners to talk with adolescent patients about mental health concerns, address thoughts of suicide, and coordinate referrals or follow-up care.

**TOPICS**

Integrating behavioral health in primary care

**USERS**

Nurses, physicians, and students

**SETTINGS**

Healthcare, schools of health professions

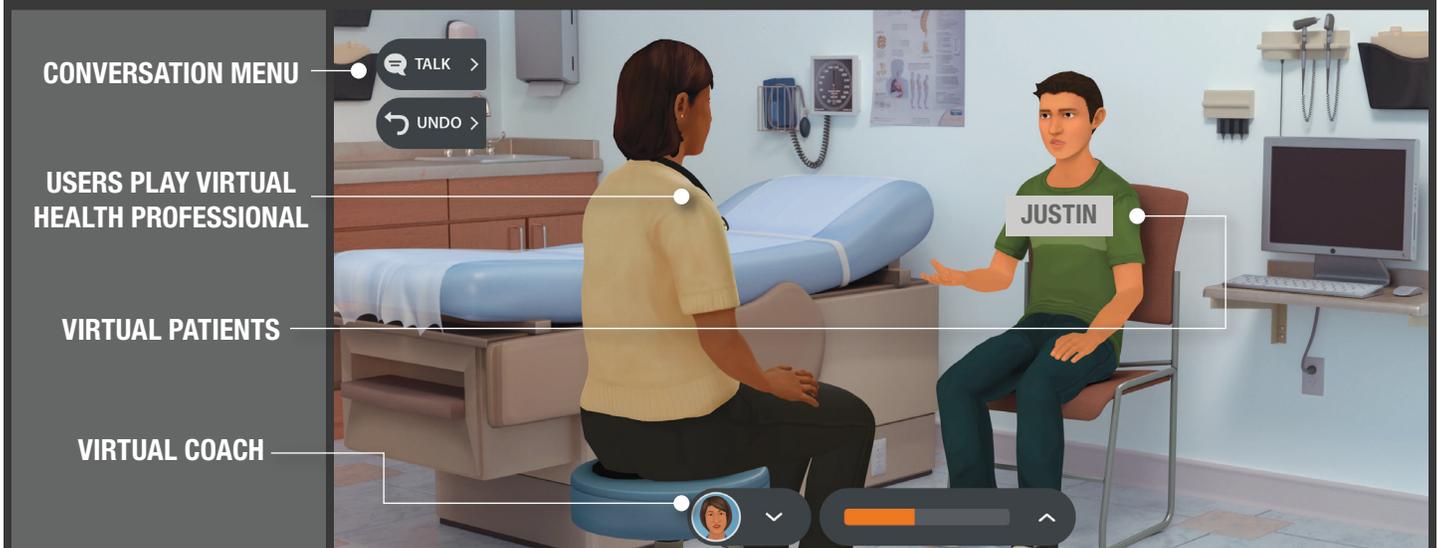
**DURATION**

**30**  
minutes

Adopted by schools of health professions, state agencies, and professional associations, this online solution helps improve the capacity of health professionals to address mental health and suicidal ideation as part of routine care.

## BUILD REAL-LIFE SKILLS IN A VIRTUAL CLINIC

Assume the role of a health professional and talk with a virtual adolescent about stress-related symptoms and thoughts of suicide. Try different approaches to see what works best.



Learn more at [kognito.com](http://kognito.com)

# Harnessing the power of conversation to improve the quality of adolescent mental health Screening and Brief Intervention.

As a trusted resource for adolescents and their families, primary care providers are well positioned to identify and intervene in adolescent mental health concerns.

Research findings indicate approximately 20% of young people ages 9–17 have a diagnosed mental disorder, yet as many as 70% go undiagnosed and untreated.

## LEARNING OBJECTIVES

- Integrate mental health in primary care
- Build rapport with patients using motivational interviewing techniques
- Broach and normalize the topic of mental health
- Ask patients about suicidal ideation and assess level of risk
- Coordinate referrals to treatment or follow-up care

## FEATURES

- Fully-hosted solution deployed to users in less than one week
- Technical assistance and outreach templates to drive adoption
- Usage reports and customizable online surveys to support program evaluation
- Access to validated screening tools and a customizable list of local and referral resources

## RESEARCH PROVEN

Kognito simulations are developed in collaboration with subject-matter experts and are continuously evaluated for effectiveness. To learn more, please visit [kognito.com/research](https://kognito.com/research).

## HOW TO BUY

Organizations can purchase yearly subscriptions to the simulation that include hosting, technical assistance, program evaluation, and usage reports. For details, contact [sales@kognito.com](mailto:sales@kognito.com) or **212.675.9234**. To purchase 1–50 individual licenses, please visit [store.kognito.com](https://store.kognito.com).