

At-Risk Mental Health for Faculty & Staff

At-Risk Mental Health for Faculty & Staff is an interactive role-play simulation that builds awareness, knowledge, and skills about mental health and suicide prevention, and prepares users to lead real-life conversations with students that build resilience, strengthen relationships and connect them with support.

Learning Objectives

- ✓ Increase the knowledge and awareness about mental health and suicide
- ✓ Identify warning signs of psychological distress, including verbal, behavioral, and situational clues
- ✓ Lead conversations with students to discuss concerns, build resilience, and increase connectedness
- ✓ Assess the need for referral, motivate the student to seek help, and make a warm hand-off to support
- ✓ Understand the school's specific process for student referral and counseling services



Learners interact with Virtual Humans through interactive conversations

Market
Higher Ed and Government/Non-Profit

Audience
Faculty and Staff

Topic
Mental Health & Well-being and Suicide Prevention

Duration
20 Minutes



Overview

Widely adopted by more than 350 universities and colleges nationally, this research-proven online solution cost-effectively drives sustainable changes in behaviors that support academic performance, student retention, and campus safety.



Faculty and staff are in an ideal position to engage in early intervention and prevention of mental health issues. National studies show 30% of all college students report feeling so depressed it's difficult for them to function and 7% indicate they seriously considered suicide in the previous 12 months.

At-Risk Mental Health for Faculty & Staff allows users to learn about psychological distress, how it impacts college students, and what they can do when they're concerned about a student. The user assumes the role of a faculty member and talks with three virtual students who are showing signs of distress. Users practice bringing up their concerns and what they've noticed, and if necessary, make a referral to support services. Users have access to customized national, local, and school-specific resources in addition to simulation content.

Features

- ✓ Differentiated paths for faculty and staff
- ✓ Fully-hosted solution deployed to users in less than one week
- ✓ Technical assistance and outreach templates to drive adoption
- ✓ Usage reports and customizable online surveys to support program evaluation
- ✓ Customizable list of local and campus-specific mental health resources
- ✓ Discussion guides to support blended delivery with in-person workshops



The simulation is available online 24/7. Users are asked to complete pre-, post-, and 3-month follow up surveys to assess changes in skills, attitudes, and behavior. Upon completion, users receive a certificate of completion. Clients have access to usage reports and evaluation data via the Kognito client portal.



Learn more at kognito.com

Contact us at info@kognito.com or 212-675-9234