

# Friend2Friend: Safe & Caring Schools

**Friend2Friend: Safe & Caring Schools** is an interactive simulation for middle and high school students that builds awareness, knowledge, and skills to reduce school violence through recognition of concerning behaviors and open communication between students and adults.

## Learning Objectives

- ✓ Identify own emotions and those of others as they relate to concerns including bullying, harassment, self-harm, and threats
- ✓ Recognize when a peer's actions or statements need to be shared with adults
- ✓ Investigate ways to encourage a peer in distress to open up to an adult
- ✓ Recognize role in creating a safe and supportive school climate
- ✓ Feel comfortable and empowered to share concerns with an adult
- ✓ Understand potential resources and the roles of trusted adults



Learners interact with Virtual Humans through interactive conversations



### Market

PK-12 and Government/Non-Profit



### Audience

Student



### Topic

Social Emotional Learning and Violence/Bullying Prevention



### Duration

19 Minutes



## Overview

A confluence of events has put new emphasis on the role that schools play in not only the academic but also the social, emotional and mental health of its students. Safe and supportive schools are a crucial protective factor for youth, and districts are more focused than ever on upskilling their communities of support to foster environments where students thrive.



*Friend2Friend: Safe & Caring Schools* is an experiential learning program designed to foster safer schools through awareness and support for others. Students will learn how to recognize behaviors of concern in a friend or classmate, practice talking with a friend in distress and explore ways to safely report any concerns. Students have access to customized national, local, and school-specific resources in addition to simulation content.

## Features

- ✓ Fully-hosted solution deployed to users in less than one week
- ✓ Technical assistance and outreach templates to drive adoption
- ✓ Usage reports and customizable online surveys to support program evaluation
- ✓ Customizable list of local and national mental health resources
- ✓ Discussion guides to support blended delivery with in-person workshops

### Fort Worth ISD Uses Kognito to Create Safer Schools

*“Not only are we using funding to acquire and to adopt professional development, but we also use it to strengthen our curriculum.”*

– Dr. Roina Baquera, Director,  
Health and Physical Education Department



Learn more at [kognito.com](https://kognito.com)

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