

Friend2Friend: Bullying Prevention

Friend2Friend: Bullying Prevention is an interactive role-play simulation that helps support students to build a sense of belonging and connectedness to school as well as improving physical and emotional safety in school settings.

Learning Objectives

- ✓ Develop social awareness and interpersonal skills to establish and maintain positive relationships
- ✓ Use communication skills to elicit the perspectives of others
- ✓ Appreciate diversity and build relationships with diverse individuals or groups
- ✓ Demonstrate responsible upstander behaviors in school, personal, and community environments
- ✓ Choose appropriate strategies for responding to bullying while staying safe
- ✓ Explain how to use upstander strategies using the 3 D's: Direct, Distract, Delegate
- ✓ Identify positive support people to seek out in a conflict or crisis



Learners interact with Virtual Humans through interactive conversations



Market
PK-12



Audience
Student



Topic
Violence/Bullying
Prevention



Duration
35 Minutes



Overview

Research demonstrates that when students feel a sense of belonging as well as feeling safe and connected with their school community, they are more likely to come to school, engage in the classroom, and thus have improved academic outcomes.



Friend2Friend: Bullying Prevention offers a variety of interactive learning opportunities and conversation practice to foster a student's sense of belonging and connectedness while also improving physical and emotional safety in school settings. Focusing on three key areas of relationship building, conflict resolution, and improving upstander skills, this simulation guides students in identifying and preventing bullying and creates a safe and inclusive school environment for all.

Features

- ✓ Fully-hosted solution deployed to users in less than one week
- ✓ Technical assistance and outreach templates to drive adoption
- ✓ Usage reports and customizable online surveys to support program evaluation
- ✓ Customizable list of local and national mental health resources
- ✓ Lesson plan and discussion guide to facilitate integration with mental health curriculum or group discussion

*“**Friend2Friend: Bullying Prevention** incorporates social-emotional skills for bullying prevention. Focusing on motivational interviewing techniques, upstander skills, and inclusive social norms, the program equips students to recognize, disrupt, and prevent bullying behavior. This evidence-based methodology utilizes Kognito’s practice-based experiential learning designed to build competence and confidence that lead to positive behavior change and student outcomes.”*

– Nadia Stamp, Product Manager, Kognito



Learn more at kognito.com

Contact us at info@kognito.com or 212-675-9234